

BALANCE 180'S

SUMMER CAMP

- 2026 -



WEEK 1 - July 13-17

Enchanted Forest

WEEK 2 - July 20-24

Realm of Wonders

WEEK 3 - July 27-31

Mythical Kingdom

A STORYBOOK SUMMER

Fun, flips, and fitness all summer long!

What to Expect

- Gymnastics skills like handstands, cartwheels, round-offs & handsprings
- Obstacle courses, fitness challenges & supervised open gym
- Games, dancing & outdoor adventures
- Special guests, crafts & Fun Fridays
- Snack time and plenty of movement-filled fun

For Every Child

- No prior gymnastics experience required
- Inclusive and welcoming for children of all abilities



LET THE ADVENTURE BEGIN

Each day is filled with movement, creativity, and discovery.

Summer camp runs Monday-Friday | 8:30 AM-3:30 PM

Morning Quest

- Arrival and pre-camp quiet activities
- Gymnastics
- Outside Activities
- Crafts & Games
- Snack Break
- Special Guest

Afternoon Expedition

- Lunch Time
- Dance
- Gymnastics
- Open Gym
- Camp Leaders
- Daily wrap-up...until our next adventure!

REGISTRATION

Please see below for a breakdown of our summer camp rates

Weekly Rate (full-days)

\$290/week for first child
10% discount for siblings

Registration (non-members)

1 st Child.....	\$35
2 nd Child.....	+\$30
3 rd Child+.....	+\$15

Early Drop Off

\$8 per child per day

Transition to class

\$8 per child per day

Special Notes

- Ages 4+ (campers must be potty trained)
- A Balance 180 summer camp t-shirt will be provided
- Daily snack & drink provided
- Please pack a non-refrigerated lunch

Early Drop Off

- Early drop-off is available beginning at 7:30 AM for an additional \$8 per day per camper. Great for parents who need to drop off their kids on their way to work!

THE ADVENTURE AWAITS

Come for one week or all three!

Campers of all abilities enjoy gymnastics, dance, crafts, games, special guests, and team-building activities alongside their peers!



Sign up today!